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## 211 INFORMATION

PHONE: 211

TEXT: text zip code to 89821

EMAIL: [help@211info.org](mailto:help@211info.org)

Resources online/website: [www.211info.org](http://www.211info.org)

## ADRC (Aging and Disability Resources Connection)

155 North First Street

Central Point, OR. 97502

855-673-2372

855-ORE-ADRC

Email: [adrc@rcvog.org](mailto:adrc@rcvog.org)

Website: [www.ADRCofofOregon.org](http://www.ADRCofofOregon.org)

A free service that offers the public a single source for information and assistance on issues affecting older people and people with disabilities regardless of their income.

# CRISIS RESOURCES - Domestic Violence/Sexual Assault

Address confidentiality program

Oregon Department of Justice

PO Box 1108

Salem, OR 97308

Phone: 503-573-1323

Phone: 888-559-9090

Email: [ACP@doj.state.or.us](mailto:ACP@doj.state.or.us)

Gives victims of domestic violence, sexual assault, stalking and human trafficking a legal substitute address. For security reasons, the location of the ACP office is confidential. The ACP ONLY WORKS with applicants and participants via telephone, mail, email or fax.

Call to Safety Crisis Line

Phone: 503-235-5333

Notes:

24/7 crisis line

### Community Works

2594 East Barnett Road, Suite C

Medford, 97504

Office phone: 541-779-2393

Spanish speaking: 541-779-2393 x209

Helpline: 541-779-4357

Helpline toll free: 1-855-216-2111

Website: [www.community-works.org](http://www.community-works.org)

Supports and empowers anyone impacted by domestic and sexual violence. All services free and confidential. Open for drop in or appointments. Helpline available 24/7, in multiple languages including American Sign Language.

### National Domestic Violence Hotline:

Phone: 800-799-7233

Text START to 88788

Website: [www.thehotline.org](http://www.thehotline.org)

### National Sexual Assault Hotline:

Phone: 800-656-4673

Website: [www.rainn.org](http://www.rainn.org)

Notes:

24/7 phone line and has a live chat feature.

### Sexual Assault Support Services (SASS)

Phone: 541-484-9791

### Sexual Assault Resource Center (SARC OREGON) 24 Hour Support Line

4900 SW Griffith Drive, suite 129

Beaverton, OR. 97005

Crisis Phone: 888-640-5311

Crisis Phone: 503-640-5311

Office phone: 503-626-9100

Website: [www.sarcoregon.org](http://www.sarcoregon.org)

## CRISIS RESOURCES - Emergency Medical Care

Ashland Community Hospital (Asante)

280 Maple Street  
Ashland, 97520  
Phone: 541-201-4000

Medford Medical Center (Providence)  
1111 Crater Lake Avenue  
Medford, 97504  
Phone: 541-732-5000

Rogue Regional Medical Center  
2825 East Barnett Road  
Medford, 97504  
Phone: 541-789-7000

## CRISIS RESOURCES - Food and Shelter

ACCESS  
3630 Aviation Way  
Medford, 97504  
Phone: 541-779-6691

Notes:

Open Monday through Thursday from 8am to 5pm  
Friday from 8am to 4:30pm  
Closed weekends

Helps provide food, warmth and shelter for residents of Jackson county.  
Fire impacted households  
Phone: 541-414-0318  
Email: [ccr@accesshelps.org](mailto:ccr@accesshelps.org)

Rogue Food Unites  
Email: [info@roguefoodunites.org](mailto:info@roguefoodunites.org)  
[food@roguefoodunites.org](mailto:food@roguefoodunites.org)

## CRISIS RESOURCES - Mental Health/ Behavioral Health

**Mental Health Crisis Line**

Phone: 988

Phone: 541-774-8201 (Medford)

Phone: 541-479-7357 (Grants Pass)

**David Romprey Warmline community counseling solutions**

Phone: 800-698-2392

**Jackson County Mental Health walk-in services:**

Monday through Friday, 8am to 8pm

Ask for "crisis unit team"

Phone: 541-774-8201

**Jackson County Health and Human Services**

140 South Holly Street

Medford, 97501

Crisis line: 541-774-8201 (24 hour access)

Scheduling and business line: 541-774-3333

Fax: 541-774-7979

Website: [www.jacksoncountyor.org](http://www.jacksoncountyor.org)

Open from 8am to 5pm, Monday through Friday (closed noon to 1pm for lunch)

**NAMI National Crisis Helpline**

Monday through Friday, 10am to 6pm ET

Phone: 800-950-NAMI (6264)

Text: NAMI to 741741

## CRISIS RESOURCES - Miscellaneous

**Interfaith Care Community**

601 North Grape Street

Medford, 97501

Phone: 541-779-8564

Secondary phone: 541-773-7477

Contact person: Sharon Schreiber

**MASLOW Project**

500 Monroe Street

Medford, 97501

Mailing address:

PO Box 999

Medford, 97501

Phone: 541-608-6868

Website: [www.maslowproject.com](http://www.maslowproject.com)

Open 10am to 5pm, Monday through Friday

Poison Emergency

Phone: 800-222-1222

## CRISIS RESOURCES - Youth (housing)

Hearts with a Mission

529 Edwards Street

Medford, 97501

Mailing address:

711 Medford Center #334

Medford, 97504

Office phone: 541-646-7385

Office fax: 541-732-4833

Website: [www.heartswithamission.org](http://www.heartswithamission.org)

Shelter Locations:

Youth shelter

517 Edwards Street

Medford, 97501

Transitional Living Programs in Jackson county

521 Edwards Street

medford , 97501

## ADVOCACY

The ARC

1025 East Main Street

Medford, 97504

Phone: 541-779-1282 (schedule an appointment for an assessment)

Website: [www.addictionsrecovery.org](http://www.addictionsrecovery.org)

Open 8am to 5pm, Monday through Friday

#### Community Works

2594 East Barnett Road, Suite C

Medford, 97504

Office phone: 541-779-2393

Spanish speaking: 541-779-2393 x209

Helpline: 541-779-4357

Helpline toll free: 1-855-216-2111

Website: [www.community-works.org](http://www.community-works.org)

#### Disability Rights Oregon

511 SW 10th Avenue, #200

Portland, OR 97205

Phone: 503-243-2081

Website: [www.droregon.org](http://www.droregon.org)

Notes:

Open 9am to 5pm Monday through Friday

#### Governor Ombudsman

3855 Wolverine NE, Suite 6

Salem, OR 97305

Phone: 800-522-2602

Phone: 503-378-6533

Website: [www.oltco.org](http://www.oltco.org)

Email: [itco.info@rights.oregon.gov](mailto:itco.info@rights.oregon.gov)

#### Help Now

33 North Central Avenue

Science Prep/Woolworth building

Medford 97501

Mailing address:

2317 East Main Street

Medford 97504

Phone: 541-732-1911

Phone: 855-4-CRISES (855-427-4737)

Website: [www.helpnowadvocacy.org](http://www.helpnowadvocacy.org)

#### Inclusion Works

Phone: 541-821-3336  
Website: [www.soinclusionworks.org](http://www.soinclusionworks.org)

Oregon Council on Developmental Disabilities  
2475 SE Ladd Avenue, suite 231  
Portland, OR 97214  
Phone: 503-235-0369  
Website: [www.ocdd.org](http://www.ocdd.org)

Peace House  
543 South Mountain Avenue  
Ashland 97520  
Phone: 541-482-9625  
Website: [www.peacehouse.net](http://www.peacehouse.net)  
Email: [info@peacehouse.net](mailto:info@peacehouse.net)

## CHILDREN AND FAMILY SERVICES

Address confidentiality program  
Oregon Department of Justice  
PO Box 1108  
Salem, OR 97308  
Phone: 503-573-1323  
Phone: 888-559-9090  
Email: [ACP@doj.state.or.us](mailto:ACP@doj.state.or.us)

Gives victims of domestic violence, sexual assault, stalking and human trafficking a legal substitute address. For security reasons, the location of the ACP office is confidential. The ACP ONLY WORKS with applicants and participants via telephone, mail, email or fax.

ADRC (Aging and Disability Resources Connection)  
155 North First Street  
Central Point, OR. 97502  
855-673-2372  
855-ORE-ADRC  
Email: [adrc@rcvog.org](mailto:adrc@rcvog.org)  
Website: [www.ADRCofofOregon.org](http://www.ADRCofofOregon.org)



A free service that offers the public a single source for information and assistance on issues affecting older people and people with disabilities regardless of their income.

Child abuse, Jackson County Sheriff

Phone: 541-774-6800

Child Protective Services

909 Royal Court

Medford 97504

Phone: 541-776-6120

Notes:

Open 8am to 5pm, Monday through Friday

Children's Advocacy Center

816 West 10th Street

Medford 97501

Phone: 541-734-KIDS (5437)

Website: [www.cacjc.org](http://www.cacjc.org)

Community Works

2594 East Barnett Road, Suite C

Medford, 97504

Office phone: 541-779-2393

Spanish speaking: 541-779-2393 x209

Helpline: 541-779-4357

Helpline toll free: 1-855-216-2111

Developmental Disabilities (Jackson County)

140 South Holly Street

Medford 97501

Phone: 541-774-8205

Notes:

Open 7 days a week from 8am to 5pm (closed noon to 1pm for lunch)

Family Nurturing Center

212 North Oakdale Avenue

Medford 97501

AND

745 North Rose Street

Phoenix 97535

Phone: 541-779-5242

Email: [info@familynurturingcenter.org](mailto:info@familynurturingcenter.org)

Website: [www.familynurturingcenter.org](http://www.familynurturingcenter.org)

Notes:

Open Monday through Thursday from 8am to 5pm

Open Friday from 9am to 4pm

Hearts with a Mission

529 Edwards Street

Medford, 97501

Mailing address:

711 Medford Center #334

Medford, 97504

Office phone: 541-646-7385

Office fax: 541-732-4833

Website: [www.heartswithamission.org](http://www.heartswithamission.org)

Shelter Locations:

Youth shelter

517 Edwards Street

Medford, 97501

Transitional Living Programs in Jackson county

521 Edwards Street

medford , 97501

Kairos - Jackson Services

10 Crater Lake AVenue

Medford, 97504

Phone: 541-772-0127

MASLOW Project

500 Monroe Street

Medford, 97501

Mailing address:

PO Box 999

Medford, 97501

Phone: 541-608-6868

Website: [www.maslowproject.com](http://www.maslowproject.com)

Open 10am to 5pm, Monday through Friday

Medford Drop

123 South Front Street  
Medford 97501  
Phone: 541-214-6643  
Manager:  
Kayla Jackson  
[kjackson@youthera.org](mailto:kjackson@youthera.org)

Southern Oregon Head Start  
1001 Beall Lane  
Central Point 97502  
Phone: 541-734-5150  
Website: [www.socfc.org](http://www.socfc.org)  
notes:  
Open Monday through Thursday from 7:30am to 5pm  
Open Friday from 8am to 2pm

Technology Access for Life Needs  
Access Technology Inc.  
3070 Lancaster Drive NE  
Salem, OR 97305  
Phone: 503-361-1201  
Phone: 800-677-7512  
Email: [info@accesstechnologiesinc.org](mailto:info@accesstechnologiesinc.org)  
Website: [www.accesstechnologiesinc.org](http://www.accesstechnologiesinc.org)

Women, infants and children (WIC)  
Jackson County Health and Human Services  
140 South Holly Street  
Medford 97501  
Phone: 541-774-8200  
Notes:  
Open Monday through Friday from 9am to 4pm (closed noon to 1pm for lunch)

YMCA of Ashland  
540 YMCA Way  
Ashland 97520  
Phone: 541-482-9622  
Email: [info@ashlandymca.org](mailto:info@ashlandymca.org)  
Website: [www.ashlandymca.org](http://www.ashlandymca.org)  
Notes:  
Open Monday through Friday from 5:30am to 8pm  
Open Saturday from 8am to 4pm

Open Sunday from 10am to 4pm

YMCA of Medford  
522 West 6th Street  
Medford 97501  
Phone: 541-772-6295  
Email: [info@rvymca.org](mailto:info@rvymca.org)  
Website: [www.rvymca.org](http://www.rvymca.org)

Youth71five (formerly Rogue Valley YFC)  
529 Edwards Street  
Medford 97501  
Phone: 541-779-3275  
Website: [www.71five.org](http://www.71five.org)  
Email: [office@71five.org](mailto:office@71five.org)  
Notes:  
Open Monday through Friday from 9am to 5pm

## CLOTHING

Cornerstone Christian church  
608 Bartlett street  
Medford 97501  
Phone: 541-773-8163  
Website: [www.cccm.org](http://www.cccm.org)  
Notes:  
Open Tuesday through Thursday from 9:30am to 2:30pm.

Goodwill, Ashland  
639 Tolman Creek Road A  
Ashland, 97520  
Phone: 541-482-1363  
Website: [www.sogoodwill.org](http://www.sogoodwill.org)  
Notes:  
Open Monday through Sunday from 10am to 7pm.

Goodwill, Medford  
1241 S Riverside Avenue, suite A

Medford, 97501

Phone: 541-772-4753

Website: [www.sogoodwill.org](http://www.sogoodwill.org)

Notes:

Open Monday through Sunday from 10am to 7pm.

Goodwill, Medford

2077 Lars Way

Medford, 97501

Phone: 541-608-2805

Website: [www.sogoodwill.org](http://www.sogoodwill.org)

Notes:

Open Monday through Sunday from 9am to 4:30pm.

MASLOW Project

500 Monroe Street

Medford, 97501

Mailing address:

PO Box 999

Medford, 97501

Phone: 541-608-6868

Website: [www.maslowproject.com](http://www.maslowproject.com)

Open 10am to 5pm, Monday through Friday

Medford Men's Gospel Mission

125 west Jackson street

Medford 97501

Phone: 541-779-1597

Website: [www.medfordgospelmission.org](http://www.medfordgospelmission.org)

Open Monday through Friday from 9am to 4pm.

Medford Gospel Mission- womens and childrens center

534 north Bartlett road

Medford 97501

Phone: 541-772-2931

Website: [www.medfordgospelmission.org](http://www.medfordgospelmission.org)

MGM Outfit Outlet

125 west Jackson street

Medford 97501

Phone: 541-779-1597

Website: [www.medfordgospelmission.org](http://www.medfordgospelmission.org)

Open Monday through Friday from 8am to 5pm.

St. Vincent DePaul  
2424 North Pacific Highway  
Medford, 97501  
Phone: 541-772-3828  
Notes:

Open Tuesday through Saturday from 10am to 4pm.

Salvation Army, Medford  
922 North Central Avenue  
Medford, 97501  
Phone: 541-773-6965  
Website: [www.jacksoncounty.salvationarmy.org](http://www.jacksoncounty.salvationarmy.org)  
Notes:

Open Monday through Saturday from 9am to 6pm.

## DENTAL

La Clinica East Medford Dental Clinic  
1113 Progress Drive  
Medford, 97504  
Phone: 541-512-3900  
After hours care phone number: 541-535-6239  
Website: [www.laclinicahealth.org](http://www.laclinicahealth.org)  
Notes:  
Open Monday through Friday from 7:15am to 6:30pm.

Rogue Community Health - Dental Clinic  
906 Royal Ct.  
Medford, 97504  
Phone: 541-500-0959  
Website: [www.roguecommunityhealth.org](http://www.roguecommunityhealth.org)  
Notes:  
Open Monday through Friday from 7:30am to 6:30pm.

Rogue Valley Veterans and Community Outreach (RVVCO)

601 North Grape Street

Medford, 97501

Phone: 541-779-8564

Notes:

Open Monday through Friday from 8am to 3pm.

Siskiyou Dental

2665 Siskiyou Boulevard

Medford, 97504

Phone: 541-282-5523

Notes:

Open Monday through Friday from 8:30am to 4:30pm.

## DRUG AND ALCOHOL ADDICTION

Addiction Recovery Center (ARC)

1025 East Main Street

Medford, 97504

Phone: 541-779-1282

Email: [info@addictionsrecover](mailto:info@addictionsrecover)

Website: [www.addictionsrecovery.org](http://www.addictionsrecovery.org)

Notes:

Open Monday through Friday from 8am to 3pm.

Alcoholics Anonymous

116 East 6th street

Medford, 97501

Phone: 541-732-1850

Website: [www.jccoaa.org](http://www.jccoaa.org)

Notes:

Open Monday through Friday from 9am to 4pm.

Open Saturday from 9am to noon.

Allied Health Services

777 Murphy Road

Medford, 97504

Phone: 541-772-2763

Phone: 888-267-9640

Website: [www.acadiahealthcare.com](http://www.acadiahealthcare.com)

Celebrate Recovery

Website: [www.locator.crgroups.info](http://www.locator.crgroups.info)

Regional Reps for the Southern Oregon area:

John Sanders - Medford area

Paige Winfrey

Genesis Recovery Center

600 South 2nd street

Central Point, 97502

Phone: 541-789-4000

Phone: 800-872-0983

Website: [www.asante.org](http://www.asante.org)

Narcotics Anonymous (NA)

PO Box 1444

Medford, 97501

Phone: 800-678-3933

Website: [www.southernoregonna.org](http://www.southernoregonna.org)

Notes:

Meetings for the area found under FIND A MEETING tab

ON-Track Rogue Valley

300 Main Street

Medford, 97501

Phone: 541-772-1777

Website: [www.ontrackroguevalley.org](http://www.ontrackroguevalley.org)

Notes:

Open Monday through Friday from 8am to 8:30pm.

Open Saturday from 8am to 5pm.

UA testing:same hours as above

Walk-in assessments are available Monday through Friday at 8am.

Oregon Alcohol and Helpline

Phone: 800-923-4357

Text: RecoveryNow to 839863

List of Oxford Houses (transitional housing) in the Medford Area

Website: [www.transitionalhousing.org](http://www.transitionalhousing.org)

**MEN ONLY**



Oxford House - Ivy Street  
531 Ivy Street  
Medford, 97501  
Phone: 541-499-0336  
Notes:  
For men only.  
There are 11 beds.

Oxford House Medford West  
444 north grape street  
Medford, 97501  
Phone: 541-245-9329  
Notes:  
For men only.  
There are seven beds.

Oxford House Siskiyou  
202 South Orange Street  
Medford, 97501  
Phone: 541-499-0540  
Notes:  
For men only.  
There are six beds.

Oxford House Columbus  
139 Columbus Avenue  
Medford, 97501  
Phone: 541-500-1034  
Notes:  
For men only.  
There are seven beds.

Oxford House Jackson  
713 Narregan Street  
Medford, 97501  
Phone: 541-499-0860  
Notes:  
For men only.  
There are seven beds.

Oxford House Carrigan  
304 West Jackson Street  
Medford, 97501  
Phone: 541-499-6838

**Notes:**

For men only.

There are seven beds.

**Oxford House Newtown**

120 Newtown Street

Medford, 97501

Phone: 541-821-6431

**Notes:**

For men only.

There are eight beds.

**Oxford House Mount Pitt**

1201 Mount Pitt

Medford, 97501

Phone: 541-499-6154

**Notes:**

For men only.

There are 10 beds.

**Oxford House Corelia**

1132 Leland Street

Medford, 97501

Phone: 541-816-4126

**Notes:**

For men only.

There are nine beds.

**Oxford House Crestbrook**

820 Crestbook Road

Medford, 97504

Phone: 458-226-2233

**Notes:**

For men only.

There are nine beds.

***WOMEN ONLY*****Oxford House Freedom Park**

12 South Orange Street

Medford, 97501

Phone: 541-690-1183

**Notes:**

For women only.

There are six beds.

Oxford House Riverdell  
839 Taylor Street  
Medford, 97504  
Phone: 541-500-1801  
Notes:  
For women only.  
There are eight beds.

Oxford House Maple Park  
1201 Maple Park Drive  
Medford, 97501  
Phone: 541-500-8312  
Notes:  
For women only.  
There are 10 beds.

Rouge Valley Fresh Start Detox  
338 North Front Street  
Medford, 97501  
Phone: 541-779-1282  
Notes:  
Open Monday through Sunday 24 hours.  
Located in William H. Moore Center

VA Southern Oregon Rehabilitation Centers and Clinics  
8495 Crater Lake Highway  
White City, 97503  
Phone: 541-826-2111  
Website: [www.va.gov](http://www.va.gov)  
Notes:  
Open Monday through Friday from 8am to 4pm.  
William H. Moore Center  
338 North Front Street  
Medford, 97501  
Phone: 541-779-1282  
Website: [www.addictionsrecovery.org](http://www.addictionsrecovery.org)

# EMERGENCY SHELTERS AND MEALS

## Ashland's Winter Shelters

Ashland Public Library  
410 Siskiyou Boulevard  
Ashland, 97520  
Phone: 541-774-6980

Presbyterian Church  
1615 Clark Avenue  
Ashland, 97520  
Phone: 541-482-3536

Cornerstone Christian church  
608 Bartlett street  
Medford 97501  
Phone: 541-773-8163  
Website: [www.cccm.org](http://www.cccm.org)  
Notes:  
Open Tuesday through Thursday from 9:30am to 2:30pm.

Community Works  
2594 East Barnett Road, Suite C  
Medford, 97504  
Helpline: 541-779-4357  
Office phone: 541-779-2393  
Spanish phone: 541-779-2393 ext. 209  
Website: [www.community-works.org](http://www.community-works.org)  
Notes:  
For those affected by domestic and sexual violence  
Open Monday through Friday from 8am to 4pm.

Hearts with a Mission Youth Shelter  
517 Edwards Street  
Medford, 97501  
Phone: 541-646-7385  
Website: [www.heartswithamission.org](http://www.heartswithamission.org)  
Notes:  
Open 24/7 for youth

Magdalene Home

PO Box 255

Medford, 97501

Phone: 541-773-5040

Email: [info@magdalenehome.org](mailto:info@magdalenehome.org)

Website: [www.magdalenehome.org](http://www.magdalenehome.org)

Notes:

For unhoused teen mothers and parenting young mothers.

Medford Gospel Mission- womens and childrens center

534 north Bartlett road

Medford 97501

Phone: 541-772-2931

Website: [www.medfordgospelmission.org](http://www.medfordgospelmission.org)

MGM Outfit Outlet

125 west Jackson street

Medford 97501

Phone: 541-779-1597

Website: [www.medfordgospelmission.org](http://www.medfordgospelmission.org)

Notes:

Open Monday through Friday from 8am to 5pm.

OHRA Community Resource Center

2350 Ashland Street

Ashland, 97520

Phone: 541-631-2235

Website: [www.helpingashland.org](http://www.helpingashland.org)

Notes:

Open Monday through Friday from 9am to 2pm

Rogue Retreat

711 East Main Street, Suite 25

Medford, 97504

Phone: 541-499-0880

Website: [www.rogueretreat.org](http://www.rogueretreat.org)

Notes:

Open Monday through Friday from 8am to 5pm.

Salvation Army, HOPE house

1065 Crews Road

Medford, 97501

Phone: 541-773-7005

Website: [www.jacksoncounty.salvationarmy.org](http://www.jacksoncounty.salvationarmy.org)

Notes:

Transitional housing for those facing homelessness.

Set Free Ministries, Gods Food Pantry

1032 West Main Street

Medford, 97501

Phone: 541-773-4004

Notes:

Open Friday from 11am to 3pm.

Uncle's Food Diner/United Methodist Church

Peace House

543 South Mountain Avenue

PO Box 524

Ashland, 97520

Phone: 541-482-9625

Email: [info@peacehouse.net](mailto:info@peacehouse.net)

Website: [www.peacehouse.net](http://www.peacehouse.net)

Notes:

Meals at Pioneer hall or Liithia Park

VA Southern Oregon Rehabilitation

8495 Crater Lake Highway

White City, 97503

Phone: 541-826-2111

Toll-free phone: 800-809-8725

Notes:

Open Monday through Friday from 8am to 4pm.

## EMPLOYMENT SERVICES

Easterseals Oregon Veterans Employment Services

1040 Crater Lake Avenue, suite A

Medford, 97504

Phone: 541-414-3680

Website: [www.easterseals.com](http://www.easterseals.com)

Notes:

Open Monday through Friday from 8am to 5pm.

Closed daily from noon to 1pm.

Job Corps Medford  
897 Royal Avenue, suite D  
Medford, 97504  
Phone: 541-282-5819  
Website: [www.jobcorps.gov](http://www.jobcorps.gov)

Notes:

Open Monday through Friday from 8am to 5pm.

Oregon Employment Department  
119 North Oakdale Avenue  
Medford, 97501  
Phone: 541-776-6060

Notes:

Open Monday through Friday from 8am to 5pm.

Preferred Worker Program  
Info line: 800-452-0288  
General: 503-947-7585  
Central: 503-947-7810  
Website: [www.wcd.oregon.gov](http://www.wcd.oregon.gov)

Southern Oregon Goodwill  
Job Connection Center  
11 West Jackson Street  
Medford, 97501  
Phone: 541-772-3300 ext. 1041  
Website: [www.sogoodwill.org](http://www.sogoodwill.org)

Notes:

Open Monday through Friday from 9am to 1pm.

Vocational Rehabilitation Department  
28 West 6th Street, suite A  
Medford, 97501  
Phone: 541-776-6035

Notes:

Open Monday through Friday from 8am to 5pm.

WorkSource Rogue Valley (Jackson county - Medford)  
119 North Oakdale Avenue  
Medford, 97501  
Phone: 541-734-7533  
Notes:  
Open Monday through Friday from 8:30am to 5pm.

Youth71five  
529 Edwards Street  
Medford, 97501  
Phone: 541-779-3275  
Website: [www.71five.org](http://www.71five.org)  
Notes:  
Open Monday through Friday from 9am to 5pm.

## ENERGY/WEATHERIZATION ASSISTANCE

ACCESS  
3630 Aviation Way  
Medford, 97504  
Phone: 541-779-6691  
Notes:  
Open Monday through Thursday from 8am to 5pm  
Friday from 8am to 4:30pm  
Closed weekends

Helps provide food, warmth and shelter for residents of Jackson county.  
Fire impacted households  
Phone: 541-414-0318  
Email: [ccr@accesshelps.org](mailto:ccr@accesshelps.org)

Ashland Utility Assistance Program (ALIEAP)  
20 East Main Street  
Ashland, 97520  
Phone: 541-552-2038



**Notes:**

Ashland utilities customers whose income is at or below Oregon's median income can receive a max credit of \$300 on their electric utility bill.

Applications are accepted beginning of October for the winter months and are not accepted after the first business day in February. Funds given first to seniors and then to disabled people and then others.

City of Ashland  
20 East Main Street  
Ashland, 97520  
Phone: 541-488-6004

Salvation Army, Medford  
922 North Central Avenue  
Medford, 97501  
Phone: 541-773-6965  
Website: [www.jacksoncounty.salvationarmy.org](http://www.jacksoncounty.salvationarmy.org)

**Notes:**

Open Monday through Saturday from 9am to 6pm.

## FAMILY RESOURCES

ADRC (Aging and Disability Resources Connection)  
155 North First Street  
Central Point, OR. 97502  
855-673-2372  
855-ORE-ADRC  
Email: [adrc@rcvog.org](mailto:adrc@rcvog.org)  
Website: [www.ADRCofofOregon.org](http://www.ADRCofofOregon.org)

A free service that offers the public a single source for information and assistance on issues affecting older people and people with disabilities regardless of their income.

Address confidentiality program  
Oregon Department of Justice  
PO Box 1108  
Salem, OR 97308  
Phone: 503-573-1323  
Phone: 888-559-9090  
Email: [ACP@doj.state.or.us](mailto:ACP@doj.state.or.us)

Gives victims of domestic violence, sexual assault, stalking and human trafficking a legal substitute address. For security reasons, the location of the ACP office is confidential. The ACP ONLY WORKS with applicants and participants via telephone, mail, email or fax.

Alzheimer's association  
1245 north Riverside avenue, suite 23  
Medford, 97501  
Phone: 541-772-2230  
24/7 helpline: 800-272-3900  
Website: [www.alz.org](http://www.alz.org)

American cancer society  
PO Box 22770  
Portland, 97269  
Phone: 800-227-2345  
Website: [www.cancer.org](http://www.cancer.org)  
Notes:  
Have live chat on website

American Red Cross  
1050 crater lake avenue  
Medford, 97504  
Phone: 541-779-3773  
Website: [www.redcross.org](http://www.redcross.org)

Boy Scouts of America  
Crater lake council  
3039 Hanley road  
Central point, 97502  
Phone: 541-664-1444  
Notes:  
Open Monday through Friday from 8:30am to 5pm.

Childrens Advocacy Center  
816 west 10th street  
Medford, 97501  
Phone: 541-734-5437  
Website: [www.cacjc.org](http://www.cacjc.org)  
Notes:  
Open Monday through Friday from 8:30am to 5pm.

Childcare resources network  
502 west Main Street

Medford, 97501

Phone: 541-776-8590 ext. 1126

Email: [ccrn@soesd.k12.or.us](mailto:ccrn@soesd.k12.or.us)

Website: [www.soesd.k12.or.us](http://www.soesd.k12.or.us)

Notes:

Open Monday through Friday from 9am - 4:30pm.

Assistance in finding a child care provider call 211 for information and referrals or text the keyword CHILDREN to 898211.

Compass house

37 north ivy street

Medford, 97501

Phone: 541-973-2840

Email: [info@socompasshouse.org](mailto:info@socompasshouse.org)

Website: [www.socompasshouse.org](http://www.socompasshouse.org)

Notes:

Open Monday through Friday from 8am to 4:30pm.

Community Works

2594 East Barnett Road, Suite C

Medford, 97504

Office phone: 541-779-2393

Spanish speaking: 541-779-2393 x209

Helpline: 541-779-4357

Helpline toll free: 1-855-216-2111

Website: [www.community-works.org](http://www.community-works.org)

Developmental Disabilities (Jackson County)

140 South Holly Street

Medford, 97501

Phone: 541-774-8205

Notes:

Open 7 days a week from 8am to 5pm.

Closed from noon to 1pm for lunch.

Dogs for Better Lives

10175 Wheeler Road

Central Point, 97502

Phone: 541-826-9220

Phone: 800-990-3647

Website: [www.dogsforbetterlives.org](http://www.dogsforbetterlives.org)

Email: [info@dogsforbetterlives.org](mailto:info@dogsforbetterlives.org)

## Notes:

Open Monday through Friday from 8am to 4:30pm.

## Family Connection

1001 Beall Lane

Central Point, 97501

Phone: 541-734-5150 ext.1042

Website: [www.thefamilyconnect.org](http://www.thefamilyconnect.org)

## Family Nurturing Center (Medford)

212 North Oakdale Avenue

Medford, 97501

Phone: 541-779-5242

Email: [info@familynurturingcenter.org](mailto:info@familynurturingcenter.org)

Website: [www.familynurturingcenter.org](http://www.familynurturingcenter.org)

## Notes:

Open Monday through Thursday from 8am to 5pm

Open Friday from 9am to 4pm.

## Family Nurturing Center (Phoenix)

745 North Rose Street

Phoenix, 97535

Phone: 541-779-5242

Email: [info@familynurturingcenter.org](mailto:info@familynurturingcenter.org)

Website: [www.familynurturingcenter.org](http://www.familynurturingcenter.org)

## Notes:

Open Monday through Thursday from 8am to 5pm

Open Friday from 9am to 4pm.

## Family Solutions (Ashland)

1836 Fremont street

Ashland, 97520

Phone: 541-482-5792

Website: [www.familysolutionsoregon.org](http://www.familysolutionsoregon.org)

## Family Solutions (Medford)

201 west Main street, ste.3E

Medford, 97501

Phone: 541-414-1720

Website: [www.familysolutionsoregon.org](http://www.familysolutionsoregon.org)

## Hearts with a Mission

Youth shelter

521 Edwards street  
Medford, 97501  
Phone: 541-646-7385  
Website: [www.heartswithamission.org](http://www.heartswithamission.org)  
Notes:  
Open 24 hours

Jackson Care Connect CCO  
33 North Central Avenue #320  
Medford, 97501  
Phone: 855-722-8208  
Phone: 541-500-0567  
Website: [www.jacksoncareconnect.org](http://www.jacksoncareconnect.org)  
Notes:  
Open Monday through Friday from 8am to 5pm

Jackson county family support  
717 west 10th street  
Medford, 97501  
Phone: 541-774-8186  
Notes:  
Open Monday through Friday from 8am to 4pm.  
Closed for lunch from noon to 1pm.

Jackson County Health and Human Services  
140 South Holly Street  
Medford, 97501  
Phone: 541-774-8200  
Notes:  
Open Monday through Friday from 8am to 5pm.  
Closed from noon to 1pm for lunch.

Kids Unlimited (Medford)  
821 north Riverside Avenue  
Medford, 97501  
Phone: 541-774-3900  
Website: [www.kuoregon.org](http://www.kuoregon.org)  
Email: [info@kuoregon.org](mailto:info@kuoregon.org)

Notes:

Open Monday through Friday from 8:30am to 4:30pm  
Has grades pre-K to 8th

Kids Unlimited (White City)  
7445 Crater Lake Highway  
White City, 97503  
Phone: 541-500-0700  
Website: [www.kuoregon.org](http://www.kuoregon.org)  
Email: [info@kuoregon.org](mailto:info@kuoregon.org)

Notes:

Open Monday through Friday from 8:30am to 4:30pm  
Has grades pre-K to first

Kolpia Counseling Services (Ashland)  
611 Siskiyou Boulevard, ste.8  
Ashland, 97520  
Phone: 541-482-1718  
Website: [www.kolpiacounseling.com](http://www.kolpiacounseling.com)  
Email: [info@kolpiacounseling.com](mailto:info@kolpiacounseling.com)

Notes:

Open Monday through Thursday from 8am to 5:30pm.  
Open Friday from 8am to 5pm.  
Accept OHP, private insurance and private pay.

Kolpia Counseling Services (Medford)  
836 East Main Street, ste.6  
Medford, 97504  
Phone: 541-500-8023  
Website: [www.kolpiacounseling.com](http://www.kolpiacounseling.com)  
Email: [info@kolpiacounseling.com](mailto:info@kolpiacounseling.com)

Notes:

Open Monday through Thursday from 8am to 5:30pm.  
Open Friday from 8am to 5pm.  
Accept OHP, private insurance and private pay.

Lions Sight and Hearing  
228 north Holly street  
Medford, 97501  
Phone: 541-779-3653  
Website: [www.southernoregonlionssightandhearingcenter.org](http://www.southernoregonlionssightandhearingcenter.org)  
Email: [lionsagencyassistant@gmail.com](mailto:lionsagencyassistant@gmail.com)

Notes:

Open Monday through Wednesday from 9am to 2pm.

Open Thursday and Friday from 9am to noon.

Maslow Project  
500 Monroe Street  
Medford, 97501  
Phone: 541-608-6868  
Website: [www.maslowproject.com](http://www.maslowproject.com)

Notes:

Open Monday through Friday from 10am to 5pm.

Medford Parks and Recreation Foundation  
701 North Columbus Avenue  
Medford, 97501  
Phone: 541-774-2400

Notes:

Open Monday through Friday from 8am to 5pm.

Medford School District 549C  
680 Biddle Road  
Medford, 97504  
Phone: 541-842-3636  
Website: [www.medford.k12.or.us](http://www.medford.k12.or.us)

Notes:

Open Monday through Friday from 7:30am to 4:30pm.

Ontrack  
300 west Main street  
Medford, 97501  
Phone: 541-772-1777  
Website: [www.ontrackroguevalley.org](http://www.ontrackroguevalley.org)

Notes:

Open Monday through Thursday from 8am to 8:30pm.

Open Friday and Saturday from 8am to 5pm.

Walk in assessments are available Monday through Friday at 8am.

Options for Southern Oregon  
Bryson Center  
200 Beatty Street  
Medford, 97501  
Phone: 541-476-2373

Notes:

Open Monday through Thursday from 8am to 7pm.

Open Friday from 8am to 6pm.

Open Access (via confidential video unless in person is needed)

Open Access is open Monday through Thursday from 8am to 6:15pm and Friday from 8am to 5:15pm.

Oregon Commission for the Blind  
724 South Central Avenue, ste.110  
Medford, 97501

Phone: 541-776-6047

Website: [www.oregon.gov](http://www.oregon.gov)

Notes:

Open Monday through Friday from 8am to 5pm.

Oregon School for the Deaf  
999 Locust Street NE  
Salem, 97301

Phone: 503-378-3825

Email: [info@osd.k12.or.us](mailto:info@osd.k12.or.us)

Notes:

Open Monday through Friday from 7:30am to 4pm

Rogue Valley Council of Governments

155 North First Street  
Central Point, 97502

Phone: 541-664-6674

Website: [www.rvcog.org](http://www.rvcog.org)

Notes:

Open Monday through Friday from 8am to 5pm.

Rogue Valley Habitat for Humanity  
Housing program/Repair and Ramp program  
2233 South Pacific Highway  
Medford, 97501

Admin Phone: 541-779-1983

Medford ReStore: 541-773-9095

Website: [www.roguevalleyhabitat.org](http://www.roguevalleyhabitat.org)

Email for housing program (Brandon Thoms): [bthoms@roguevalleyhabitat.org](mailto:bthoms@roguevalleyhabitat.org)

Notes:

Open Monday through Saturday from 9am to 5pm.

Look at the website for further details on housing program.



Rogue Valley Veterans and Community Outreach  
 601 North Grape Street  
 Medford, 97501  
 Phone: 541-779-8564  
 Notes:  
 Open Monday through Friday from 8am to 3pm.

Safe Families for Children  
 Hearts with a Mission program  
 517 Edwards Street  
 Medford, 97501  
 Phone: 541-951-4289  
 Website: [www.safe-families.org](http://www.safe-families.org)  
 Email: [heather.s@heartswithamission.org](mailto:heather.s@heartswithamission.org)

Saint Vincent de Paul  
 2424 North Pacific Highway (HWY 99)  
 Medford, 97501  
 Phone: 541-772-3828  
 Website: [www.stvincentdepaulmedford.info](http://www.stvincentdepaulmedford.info)  
 Email: [contactus@svdpmeford.org](mailto:contactus@svdpmeford.org)  
 Notes:  
 Open Monday through Friday from 10am to 2pm.  
 Dining room hours = Monday through Friday from 11am to 1pm  
 Mail = tuesdays and thursdays  
 Pantry = Monday through Friday from 11am to 1pm.  
 For Pantry, grocery bags last two Fridays of the month.  
 The Sharing Place  
 General counseling services  
 14 Cottage Street  
 Medford, 97504  
 Phone: 541-779-2390  
 Contact for services: Vicki Crews  
 Website: [www.shirleythetherapist.com](http://www.shirleythetherapist.com)

Toys for Tots (Jackson County)  
 Phone: 541-778-2228  
 Website: [www.jackson-county-or.toysfortots.org](http://www.jackson-county-or.toysfortots.org)  
 Email: [jackson.county.or@toysfortots.org](mailto:jackson.county.or@toysfortots.org)  
 Notes:  
 Local campaign coordinator = Kevin Campbell

United Way, Jackson County

60 Hawthorne Street  
Medford, 97504  
Phone: 541-773-5339  
Website: [www.unitedwayofjacksoncounty.org](http://www.unitedwayofjacksoncounty.org)  
Notes:  
Open Monday through Friday from 8:30am to 4:30pm.

WorkSource Oregon  
119 North Oakdale avenue  
Medford, 97501  
Phone: 541-734-7533  
Website: [www.worksourcerogue.org](http://www.worksourcerogue.org)  
Notes:  
Open Monday through Friday from 8:30am to 5pm.

YMCA (Ashland)  
540 YMCA way  
Ashland, 97520  
Phone: 541-482-9622  
Website: [www.ashlandymca.org](http://www.ashlandymca.org)  
Email: [info@ashlandymca.org](mailto:info@ashlandymca.org)  
Notes:  
Open Monday through Friday from 5:30am to 9pm.  
Open Saturday from 8am to 7pm.  
Open Sunday from 10am to 4pm.

YMCA (Medford)  
522 West 6th Street  
Medford, 97501  
Phone: 541-772-6295  
Website: [www.rvymca.org](http://www.rvymca.org)  
Email: [info@rvymca.org](mailto:info@rvymca.org)  
Notes:  
Open Monday through Friday from 5am to 9pm.  
Open Saturday from 8am to 3pm.

Youth71five  
529 Edwards Street  
Medford, 97501  
Phone: 541-779-3275  
Website: [www.71five.org](http://www.71five.org)  
Notes:  
Open Monday through Friday from 9am to 5pm.

# FARM DIRECT PROGRAM

Website: [www.visual-data.dhsoha.state.or.us](http://www.visual-data.dhsoha.state.or.us)

## Ashland Saturday Market

101 Oak Street  
Ashland, 97520  
Phone: 541-601-1534

### Notes:

On Saturdays from 8:30am to 1pm

## Ashland Tuesday Market

1554 Webster Street  
Ashland, 97520  
Phone: 541-601-1534

### Notes:

On Tuesdays from 9am to 1:30pm

## Bigham Farms

9452 Pumice Lane  
Central Point, 97502  
Phone: 541-621-5441

### Notes:

Open Monday through Sunday from 9am to 6pm

## Blue By You Farm and Bonnie and Clyde Apiary

915 Riley Road  
Eagle Point, 97524  
Phone: 541-930-2316

### Notes:

Open Thursday through Monday from 10am to 6pm

## Century Farm Fruit Growers at Hillcrest Orchard

3285 Hillcrest Road  
Medford, 97504  
Phone: 541-773-1487

### Notes:

Open Monday through Sunday from 7:30am to 7:30pm

## Dunbar Farms Honor Barn

2881 Hillcrest Road  
Medford, 97504

Phone: 541-840-0714

Website: [www.dumbarfarms.com](http://www.dumbarfarms.com)

Notes:

Open Monday through Sunday from 7am to 9pm

Farmers Market

4880 South Pacific Highway

Phoenix, 97535

Phone: 541-535-1322

Notes:

Open Monday through Saturday from 10am to 6pm

Farmstand in Talent

304 Talent Avenue

Talent, 97540

Phone: 541-941-0813

Notes:

Open Tuesday through Saturday from 10am to 6pm.

Fox Run Farm

3842 West Main Street

Medford, 97501

Phone: 541-608-7886

Website: [www.foxrunfarm.business.site](http://www.foxrunfarm.business.site)

Notes:

Open Monday through Saturday from 10am to 6pm.

Fry Family Farm Stand

2184 Ross Lane

Medford, 97540

Phone: 541-622-8154

Website: [www.fryfamilyfarm.org](http://www.fryfamilyfarm.org)

Notes:

Open Monday through Sunday from 10am to 5pm

Jacksonville Farmers Market

206 North 5th Street

Jacksonville, 97530

Medford Thursday Market

Corner of Hawthorne and E.Jackson Streets in Medford @ Hawthorne Park

Medford, 97504

Phone: 541-621-5441

Notes:

On Thursdays from 8:30 to 1pm

Neighbors Unite Market:  
4pm to 6pm all locations

Tuesdays: Jackson Elementary School  
713 Summit Ave.  
Medford

Wednesdays: First Presbyterian Church  
121 West Second Street  
Phoenix

Thursdays: Oregon Shakespeare Festival Production Facility (big red building)  
408 Talent Avenue  
Talent

Oregon Bee Store  
14356 Highway 62  
Eagle Point, 97524

Website: [www.oregonbeestore.com](http://www.oregonbeestore.com)

Notes:

Open Tuesday through Saturday from 10am to 6pm.

Rogue Produce  
258 A Street Ste. 1 #75  
Ashland, 97520  
Phone: 541-301-3426

Website: [www.rogueproduce.com](http://www.rogueproduce.com)

Notes:

Open 24 hours

Rogue Valley Growers and Crafters Market Indoor Winter Market  
1420 East Main Street  
Ashland, 97520  
Phone: 541-200-9890  
Website: [www.rvgrowersmarket.com](http://www.rvgrowersmarket.com)

## FOOD ASSISTANCE/PANTRY

Website: [www.foodpantries.org](http://www.foodpantries.org)

ACCESS Mobile Food Bank  
1395 Popular Drive  
Medford, 97504

Ashland Emergency Food Bank  
560 Clover Lane  
Ashland, 97520  
Phone: 541-488-9544

Ashland Food Pantry  
1650 Clark Avenue  
Ashland, 97520  
Phone: 541-482-3536  
Calvary Neighborhood Outreach - Food Distribution Center  
513 East Pine Street  
Central Point, 97502  
Phone: 541-778-6505

Church of the Rogue  
607 Main Street  
Medford, 97501  
Phone: 541-773-3691

Columbia Care Services- Veterans Resource Center- Food Distribution Center  
601 North Grape Street  
Medford, 97501  
Phone: 541-779-8564

Eagle Point Food Pantry - St. John's Lutheran Church  
42 Alta Vista Road  
Eagle Point, 97524  
Phone: 541-826-4334

First Baptist Church - Ashland  
2004 Siskiyou Boulevard  
Ashland, 97520

Phone: 541-482-3836

First Christian Church  
1900 Crater Lake Avenue  
Medford, 97504  
Phone: 541-772-8030  
Email: [mfccor@gmail.com](mailto:mfccor@gmail.com)

First Phoenix Community Center Food Pantry  
121 West 2nd street  
Phoenix, 97535  
Phone: 541-535-1119

First Presbyterian Church  
85 South Holly Street  
Medford, 97501  
Phone: 541-779-1711

First United Methodist  
175 North Main Street  
Ashland, 97520  
Phone: 541-482-3647

Food and Friends Meals on Wheels  
2860 State Street  
Medford, 97504  
Phone: 541-734-9505  
Deliver meals to the homes of seniors

Gloria Dei Lutheran Church  
745 North 10th Street  
Central Point, 97502  
Phone: 541-664-3724

Greensprings - Food Distribution Center  
16151 OR-66  
Ashland, 97520  
Phone: 541-482-2422

Joy Christian Fellowship - Food Distribution Center  
2715 Table Rock Road  
Medford, 97501  
Phone: 541-951-1532

Love in Action  
Riverside Park, top gazebo area  
Saturdays at 12:30pm

Maslow Project  
209 West Main Street  
Medford, 97501  
Phone: 541-608-6868

Medford First United Methodist Church Food Pantry  
607 West Main Street  
Medford, 97501  
Phone: 541-773-3691

Medford Gospel Mission  
125 west Jackson street  
Medford, 97501  
Phone: 541-779-1597  
Website: [www.medfordgospelmission.org](http://www.medfordgospelmission.org)

Notes:

Open Monday through Friday from 9am-4pm.  
Monday through Friday walk in dinner, restaurant style until 6:30pm.

Medford seventh day Adventist Church  
1900 Greenwood Street  
Medford, 97504  
Phone: 541-772-6021  
Notes:  
Open Monday through Thursday from 10am to 4pm.

North west Seasonal Workers Association  
203 north Oakdale Avenue  
Medford, 97501  
Phone: 541-773-6811  
Website: [www.nswamedford.org](http://www.nswamedford.org)  
Notes:  
Open Monday through Friday from 9am to 4pm.

OHRA Community Resource Center  
2350 Ashland Street  
Ashland, 97520  
Phone: 541-631-2235



Phoenix Food Project  
1089 Ashland Street  
Ashland, 97520  
Phone: 541-778-1517

Rogue Family Center - Food Distribution Center  
3131 Avenue C  
White City, 97503  
Phone: 541-864-8766

Sacred Heart Food Bank  
431 south ivy street  
Medford, 97501  
Phone: 541-772-4105  
Website: [www.shcs.org](http://www.shcs.org)

Notes:  
Open all year around  
Located in the alley behind the SHCS gym.

St. Mark's Episcopal Church Food Pantry  
140 North Oakdale Avenue  
Medford, 97501  
Phone: 541-773-3111

St. Vincent de Paul  
2424 North Pacific Highway  
Medford, 97501  
Phone: 541-772-3828

Salvation Army Family Services Food Pantry  
922 North Central Ave.  
Medford, 97501  
Phone: 541-773-7335

Set Free Ministries - gods food pantry  
1032 west Main Street  
Medford, 97501  
Phone: 541-773-4004  
Website: [www.setfreemedford.org](http://www.setfreemedford.org)

Shepherds Way  
599 East Main Street

Ashland, 97520  
Phone: 541-482-1227

Table Rock Food Pantry  
3610 North Pacific Highway  
Medford, 97501  
Phone: 541-245-2612

Talent Food Pantry  
206 East Main Street  
Talent, 97540  
Phone: 541-414-4570

The Teresa McCormick Center  
2500 South Pacific Highway  
Medford, 97501  
Phone: 541-864-5000

Uncle Foods Diner  
Peace house  
543 south Mountain Avenue  
PO Box 524  
Ashland, 97520  
Phone: 541-482-9625  
Website: [www.peacehouse.net](http://www.peacehouse.net)  
Email: [info@peacehouse.net](mailto:info@peacehouse.net)

West Medford Pantry  
701 North Columbus Avenue  
Medford, 97504  
Phone: 541-774-4436

Notes:

Open Tuesdays from 1pm to 4pm.  
Hours and availability can change. Call the food site directly.  
Drive up pantry distribution so people can stay in their vehicles.  
People without vehicles are welcome to get food as well.

# GENERAL MAIL DELIVERY INFORMATION

Ashland Post Office  
120 North First Street  
Ashland, 97520  
Phone: 800-275-8777

Central Point Post Office  
625 East Pine Street  
Central Point, 97502  
Phone: 800-275-8777

Eagle Point Post Office  
236 Loto Street  
Eagle Point, 97524  
Phone: 800-275-8777

Jacksonville Post Office  
175 North Oregon Street  
Jacksonville, 97530  
Phone: 800-275-8777

Medford Post Office  
325 South Riverside Avenue  
Medford, 97501  
Phone: 800-275-8777

Phoenix Post Office  
105 West Bolz Road  
Phoenix, 97535  
Phone: 800-275-8777

Talent Post Office  
153 East Wagner Street  
Talent, 97540  
Phone: 800-275-8777

White City Post Office  
7561 Crater Lake Highway A  
White City, 97503  
Phone: 800-275-8777

## HEALTH AND MEDICAL SERVICES

Addiction Recovery Center (ARC)

1025 East MAIn Street

Medford, 97504

Phone: 541-779-1282

Website: [www.addictionsrecovery.org](http://www.addictionsrecovery.org)

Email: [info@addictionsrecover.org](mailto:info@addictionsrecover.org)

Notes:

Open Monday through Friday from 8am to 5pm.

ASANTE/Rogue Regional Medical Center

2825 East Barnett Road

Medford, 97504

Phone: 541-789-7000

Notes:

Emergency room.

Open 24 hours.

Insurances accepted = Commercial Insurance Plans (ARRMC), Medicare Advantage Plans (ARRMC), Oregon Health Care/ Coordinate Care Organization Plans (ARRMC) and Workers Compensations Plans (ARRMC)

ColumbiaCare Services

Administrative Offices

3587 Heathrow way

Medford, 97504

Phone: 541-858-8170

Central Clinic

503 Airport Road #101

Medford, 97504

Phone: 541-200-2900

Downtown Clinic

201 West 6th Street

Medford, 97501

Phone: 541-200-2900

Community Health Center

19 Myrtle Street

Medford, 97504

Phone: 541-773-3863

**Notes:**

Open Monday through Friday from 9am to 2pm.

This is a sliding scale clinic.

**Jackson County Childrens Dental Clinic**

229 Stewart Avenue

Medford, 97501

Phone: 541-789-4249

**Notes:**

This is a sliding scale clinic.

Located in The Family Practice Group facility (owned by Asante)

**National Alliance on Mental Illness Southern Oregon (Resource Library and Office)**

140 South Holly Street, Room 1300

Medford, 97501

Phone: 541-774-7872

Website: [www.namisouthernoregon.org](http://www.namisouthernoregon.org)

Email: [info@namisouthernoregon.org](mailto:info@namisouthernoregon.org)

**Notes:**

All types of support groups and educational classes. Check the website.

**NAMI Southern Oregon Address**

PO Box 8018

Medford, 97501

**Notes:**

Contact person = Andra Hollenbeck

Andra's phone number: 541-601-6421

Andra's email: [andrah@jeffnet.org](mailto:andrah@jeffnet.org)

**On-Track**

300 West Main Street

Medford, 97501

Phone: 541-772-1777

Website: [www.ontrackroguevalley.org](http://www.ontrackroguevalley.org)

**Notes:**

Open Monday through Thursday from 8am to 8:30pm.

Open Friday and Saturday from 8am to 5pm.

Offers DUII education, anger management and Domestic Violence counseling and a Teens program.

Spanish speaking services.

**Oregon Department of Human Services**

DHS Self Sufficiency Office

673 Market Street  
 Medford, 97504  
 Phone: 541-776-6172

Notes:

Open Monday through Friday from 8am to 5pm.

Oregon Department of Veterans Affairs (ODVA)  
 700 Summer Street NE  
 Salem, 97301

Phone: 800-692-9666

Phone: 503-373-2085

Email: [orvetsbenefits@odva.state.or.us](mailto:orvetsbenefits@odva.state.or.us)

Notes:

Open Monday through Friday from 8am to 5pm.

ORVET Home Loan Program -

800-633-6826 OR 503-373-2373

Oregon Disabilities Commission  
 676 Church Street Northeast  
 Salem, 97301

Phone: 800-282-8096

Email: [oregondisabilities.commission@odhsoha.oregon.gov](mailto:oregondisabilities.commission@odhsoha.oregon.gov)

Coordinator email (Ryan Kibby): [ryan.e.kibby@dhsaha.state.or.us](mailto:ryan.e.kibby@dhsaha.state.or.us)

Notes:

Mission = to secure economic, social, legal and political justice for individuals with disabilities through systems change.

Oregon Health Authority  
 500 Summer Street, NE, E-20  
 Salem, 97301

Phone: 503-947-2340

Website: [www.oregon.gov](http://www.oregon.gov)

Director's office email: [OHA.DirectorsOffice@odhsoha.oregon.gov](mailto:OHA.DirectorsOffice@odhsoha.oregon.gov)

Notes:

Open Monday through Friday from 8am to 5pm.

Phoenix Counseling Center  
 149 South Main Street  
 Phoenix, 97535

Phone: 541-535-4133

Website: [www.phoenixcounseling.org](http://www.phoenixcounseling.org)

Email: [info@phoenixcounseling.org](mailto:info@phoenixcounseling.org)

Notes:

Open Monday through Friday from 9am to 6pm.

Specialize in substance use, mental health and co-occurring disorder counseling.

Providence Medford Medical Center  
1111 Crater Lake Avenue  
Medford, 97504  
Phone: 541-732-5000  
Website: [www.providence.org](http://www.providence.org)

Rogue Retreat  
711 East Main Street, suite 25  
Medford, 97504  
Phone: 541-499-0880  
Website: [www.rogueretreat.org](http://www.rogueretreat.org)

Notes:

Open Monday through Friday from 8am to 5pm.  
Spectrum of services from meeting basic needs at Urban Campground to transitional housing for individuals and families.

Rogue Valley Community Development  
328 South Central Avenue, suite 203  
Medford, 97501  
Phone: 541-734-2355

Rogue Valley Medical Center Asante Hospice  
Phone: 541-789-7000

Rogue Valley Veterans and Community Outreach  
601 North Grape Street  
Medford, 97501  
Phone: 541-779-8564

Notes:

Open Monday through Friday from 8am to 3pm.

Rural Development  
573 Parsons Drive, suite 103  
Medford, 97501  
Phone: 541-776-4270

Senior Health Insurance Benefits (SHIBA)  
Jackson county, Community Volunteer Network  
1 West Main Street  
Phone: 541-857-7780  
Alternate Phone: 800-722-4134  
Email: [shiba.oregon@state.or.us](mailto:shiba.oregon@state.or.us)

## Notes:

Open Monday through Friday from 8:30am to 4:30pm

The people helped = medicare recipients, any senior 55+ yo, disabled persons of any age who reside in Jackson County.

Services provided = find and apply for pharmaceutical company prescription assistance programs & counseling and assistance with all aspects of Medicare.

Southern Oregon University Student Health and Wellness Center

560 Indiana Street, building (located in SOU)

Ashland, 97520

Phone: 541-552-6136

Email: [shwcfeedback@sou.edu](mailto:shwcfeedback@sou.edu)

## Notes:

Open Monday through Friday from 8am to 5pm.

Veterans Administration, Veterans only

8495 Crater Lake Highway

White City, 97503

Phone: 541-826-2111

Website: [www.va.gov](http://www.va.gov)

## Notes:

Open Monday through Friday from 8am to 4:30pm.

## HUMAN SERVICES DEPARTMENTS

Collaborative Disability Determination Unit

Phone: 866-535-7902

DHS Self Sufficiency Office (Medford)

673 Market Street

Medford, 97504

Phone: 541-776-6172

## Notes:

Open Monday through Friday from 8am to 5pm.

Provide help with Food benefits (SNAP), Cash for Families (TANF), child care assistance and Refugee services.

DHS Self Sufficiency Office (White City)

3131 Avenue C

White City, 97503



Phone: 541-864-8700

Notes:

Open Monday through Friday from 8am to 5pm.

Provide help with Food benefits (SNAP), Cash for Families (TANF), child care assistance and Refugee services.

Governor's Advocacy Office

500 Summer Street NE E-17

Salem, 97301

Phone: 503-945-6904

Notes:

Open Monday through Friday from 8am to 5pm.

Jackson County Family Support

717 west 10th Street

Medford, 97501

Phone: 541-774-8186

Notes:

Open Monday through Friday from 8am to 4pm.

Closed for lunch from noon to 1pm.

Long Term Care Ombudsman

830 D Street NE

Salem, 97301

Phone: 503-378-6533

Website: [www.oltco.org](http://www.oltco.org)

Notes:

Mission = protect individual rights, promote independence and ensure quality of life for Oregonians living in long-term care and residential facilities and for Oregonians with decisional limitations.

Medford Disability Services

28 West 6th Street, suite D

Medford, 97501

Phone: 541-776-6210

Notes:

Open Monday through Friday from 8am to 5pm.

Oregon's Children Division

909 Royal Court

Medford , 97504

Phone: 541-776-6120

Notes:

Open Monday through Friday from 8am to 5pm.

Oregon Health Authority and Department of Human Services

1658 Ashland Street

Ashland, 97520

Phone: 541-482-2041

Notes:

Open Monday through Friday from 8am to 5pm.

Oregon Home Care Commission

676 Church Street NE

Salem, 97301

Phone: 877-867-0077

Website: [www.oregon.gov](http://www.oregon.gov)

Notes:

Open Monday through Friday from 8am to 5pm.

Senior Services Office

2860 State Street

Medford, 97504

Phone: 541-776-6222

Notes:

Open Monday through Friday from 8am to 5pm.

Social Security Office (Medford)

3501 Excel Drive, suite 101

Medford, 97504

Phone: 800-772-1213

South Valley Community Human Services

Located in Ashland Shopping Center

1658 Ashland Street

Ashland, 97520

Phone: 541-482-2041

Notes:

Open Monday through Friday from 8am to 5pm.

Vocational Rehabilitation department

28 West 6th Street, Suite A

Medford, 97501

Phone: 541-776-6035

Notes:

Open Monday through Friday from 8am to 5pm

# LEGAL SERVICES INFORMATION

## Center for Non-Profit Legal Services

### Office:

225 West Main Street  
Medford, 97501

### Mailing address:

PO Box 1586  
Medford, 97501

Phone: 541-779-7292

Website: [www.cnpls.org](http://www.cnpls.org)

### Notes:

Open Monday through Friday from 8:30am to 5pm

Closed for lunch between noon and 1pm.

To qualify for legal representation, you must be a resident of Jackson County and meet other eligibility requirements. Please call the recorded line before beginning an application. 541-779-7291

## Consumer Credit Counseling

820 Crater Lake, suite 202  
Medford, 97504

Phone: 541-779-2273

Website: [www.improvedcredit.org](http://www.improvedcredit.org)

### Notes:

Open Monday through Friday from 8am to 5pm.

Services = manage credit, reduce debt, payoff student debt, buy a home, stay in my home, bankruptcy

A local team of professionals and community volunteers dedicated to empowering financial stability since 1971.

## Crime Victim/ Witness Services

717 West 10th Street  
Medford, 97501

Phone: 541-776-7520

## Jackson County Circuit Court

Justice Building  
100 South Oakdale  
Medford, 97501

### Secondary Facility Address

Juvenile Services Building  
609 West 10th Street  
Medford, 97501

Phone: 541-776-7171

ADA contact: 541-776-7171 ext. 35004

Website: [www.courts.oregon.gov](http://www.courts.oregon.gov)

Notes:

Open Monday through Friday from 8am to 4pm.

Closed for lunch from noon to 1pm.

Trial Court Admin = Tina Quails

541-776-7171 ext. 35051

Jackson County District Attorney

Beth Heckert (current elected DA)

815 West 10th Street

Medford, 97501

Phone: 541-774-8181

Email: [districtattorney@jacksoncounty.org](mailto:districtattorney@jacksoncounty.org)

Notes:

Open Monday through Friday from 8am to 5pm.

Closed for lunch from noon to 1pm.

Justice department - Support Enforcement

310 East 6th Street, #300

Medford, 97501

Phone: 541-776-6043

Notes:

Open Monday through Friday from 8am to 5pm.

Law Library (Wormak Law LLC)

D'Anjou Building

328 South Central Avenue

Medford, 97501

Phone: 541-326-6460

Notes:

Open Monday through Friday from 9am to 4pm.

Lawyer Referral Service

Phone: 800-452-7636

Phone: 503-684-3763

Notes:

Call Monday through Friday from 8am to 5pm.

Modest Means Program

Phone: 800-452-7636

Phone: 503-684-3763

Notes:

Call Monday through Friday from 8am to 5pm.

Omara Law Firm

Two locations:

221 NE Ivanhoe Boulevard, suite 200

Orlando, Florida, 32804

Phone: 407-326-0089

500 Florida Ave S, suite 407

Lakeland, Florida, 33801

Phone: 863-603-3206

Notes:

Has a website dedicated to What to Know if a Family Member or Friend has been arrested, that includes mental health in the mixture of the justice system.

Website: [www.omaralawgroup.com](http://www.omaralawgroup.com)

Outreach specialist: Timothy Fields

Email Mr. Fields: [tfields@omara-outreach.com](mailto:tfields@omara-outreach.com)

Oregon State Bar

Mailing address:

PO Box 231935

Tigard, 97281

Building address:

16037 SW Upper Boones Ferry Road

Tigard, 97224

Phone: 503-684-1366

Inside Oregon phone: 800-452-8260

Website: [www.osbar.org](http://www.osbar.org)

Email: [info@osbar.org](mailto:info@osbar.org)

Public Benefits Hotline

Phone: 800-520-5292

Resolve Center for Dispute Resolution and Restorative Justice

1237 North Riverside Avenue, #25

Medford, 97501

Phone: 541-770-2468

Website: [www.resolvecenter.org](http://www.resolvecenter.org)

Notes:

Open Monday through Thursday from 9am to 5pm

#### Tel-law

Phone: 541-620-3000

Phone: 800-452-4776

Notes:

Can call 24/7

A library of recorded tapes that you can hear using a four digit code (7200 is the directory)

To obtain a complete list of tapes send a stamped, self-addressed envelope to the Oregon State Bar ATTN: Tel-Law, 5200 SW Meadows Road, Lake Oswego, 97035.

#### Wellness Court (MHC)

Juvenile Services Building, Courtroom 102

609 West 10th Street

Medford 97501

MHC coordinator phone: 541-776-7171 ext.215

Website: [www.jacksoncountyor.org](http://www.jacksoncountyor.org)

Email: [mhcourt@jacksoncounty.org](mailto:mhcourt@jacksoncounty.org)

Notes:

MHC is every Tuesday at 2:30pm. Applicants must view one session of MHC as part of the requirements to enter the program. There are opportunities to view MHC every Tuesday.

## LOW INCOME HOUSING INFORMATION

#### ACCESS

3630 Aviation Way

Medford, 97504

Phone: 541-779-6691

Notes:

Open Monday through Thursday from 8am to 5pm

Friday from 8am to 4:30pm

Closed weekends

On the website [www.accesshelps.org](http://www.accesshelps.org) there is a list of regional affordable housing places.

Helps provide food, warmth and shelter for residents of Jackson county.

Fire impacted households

Phone: 541-414-0318

Email: [ccr@accesshelps.org](mailto:ccr@accesshelps.org)

Ashland Supportive Housing

693 Washington Street, #B

Ashland, 97520

## Mailing address:

2305 Ashland Street #104, PMB 400

Ashland, 97520

Phone: 541-488-2870

Website: [www.ashlandash.org](http://www.ashlandash.org)

## Notes:

Executive director = Sue Crader

Support individuals with intellectual and developmental disabilities.

## Community Works

2594 East Barnett Road, Suite C

Medford, 97504

Office phone: 541-779-2393

Spanish speaking: 541-779-2393 x209

Helpline: 541-779-4357

Helpline toll free: 1-855-216-2111

Website: [www.community-works.org](http://www.community-works.org)

## Fair Housing Council of Oregon

1221 SW Yamhill Street, #305

Portland, 97205

Fair housing questions and complaints

Phone: 503-223-8197 ext. 2

Phone: 800-424-3247 ext.2

Landlords

Phone: 800-424-3247 ext. 5

Website: [www.fhco.org](http://www.fhco.org)

Email: [inquires@fhco.org](mailto:inquires@fhco.org)

## Notes:

Open Monday through Friday from 8:30am to 5pm.

## Holiday Gardens Talent

220 Holiday Lane

Talent, 97540

Phone: 541-535-5866

Website: [www.virdianmgt.com](http://www.virdianmgt.com)

## Notes:

Open Monday through Friday from 9am to 4pm.

Closed for lunch from 1pm to 2pm.

Look at website for multiple affordable housing apartments under PROPERTIES.

## Jackson County Housing (HUD)

2251 West Table Rock Road

Medford, 97501

Phone: 541-779-5785

Phone: 888-276-7890

Website: [www.hajc.net](http://www.hajc.net)

Notes:

Open Monday through Thursday from 8am to 4:30pm.

Medford Better Housing Association

1118 Spring Street

Medford, 97504

Phone: 541-772-4180

Website: [www.medfordbetterhousing.com](http://www.medfordbetterhousing.com)

Email: [mbh5055@live.com](mailto:mbh5055@live.com)

Notes:

Open Monday through Friday from 9am to 5:30pm

Closed for lunch from noon to 1pm.

Rogue Retreat

711 East Main Street, suite 25

Medford, 97504

Phone: 541-499-0880

Website: [www.rogueretreat.org](http://www.rogueretreat.org)

Notes:

Open Monday through Friday from 8am to 5pm.

Spectrum of services from meeting basic needs at Urban Campground to transitional housing for individuals and families.

Rogue Valley Habitat for Humanity

Housing program/Repair and Ramp program

2233 South Pacific Highway

Medford, 97501

Admin Phone: 541-779-1983

Medford ReStore: 541-773-9095

Website: [www.roguevalleyhabitat.org](http://www.roguevalleyhabitat.org)

Email for housing program (Brandon Thoms): [bthoms@roguevalleyhabitat.org](mailto:bthoms@roguevalleyhabitat.org)

Notes:

Open Monday through Saturday from 9am to 5pm.

Look at the website for further details on housing program.

## NON EMERGENCY MEDICAL CARE

Jackson County Health and Human Services



140 South Holly Street  
Medford, 97501

Phone: 541-774-8200

Website: [www.jacksoncountyor.org](http://www.jacksoncountyor.org)

Notes:

Open Monday through Friday from 8am to 5pm.

Closed for lunch from noon to 1pm.

La Clinica Acute Care Clinic

616 Market Street

Medford, 97504

Phone: 541-535-6239

Website: [www.laclinicahealth.org](http://www.laclinicahealth.org)

Notes:

Open Monday through Friday from 9am to 6pm.

Open Saturday from 8am to 5pm.

La Clinica Birch Grove Health Center

910 South Central Avenue

Medford, 97501

Phone: 541-535-6239

Website: [www.laclinicahealth.org](http://www.laclinicahealth.org)

Notes:

Open Monday through Thursday from 8am to 6pm.

Open Friday from 8am to 5pm.

La Clinica Central Point Health Center

4940 Hamrick Road

Central Point, 97502

Phone: 541-535-6239

Website: [www.laclinicahealth.org](http://www.laclinicahealth.org)

Notes:

Open Monday and Wednesday from 7am to 6:30pm

Open Tuesday, Thursday and Friday from 7am to 5:30pm

This site has online care.

It is currently accepting new patients and appointments are required.

La Clinica East Medford Dental Clinic

1113 Progress Drive

Medford, 97504

Phone: 541-512-3900

Website: [www.laclinicahealth.org](http://www.laclinicahealth.org)

Notes:

Open Monday through Friday from 7:15am to 6:30pm.

This site has online care.

It is currently accepting new patients and appointments are recommended.

La Clinica - Mobile Health Center

Phone: 541-512-3922

Website: [www.laclinicahealth.org](http://www.laclinicahealth.org)

Notes:

Please call for an appointment.

This site has online care.

La Clinica Phoenix Health Center

3617 South Pacific Highway

Medford, 97501

Phone: 541-535-6239

Website: [www.laclinicahealth.org](http://www.laclinicahealth.org)

Notes:

Open Monday through Friday from 7:30am to 6:30pm.

Services include: medical clinic, pregnancy testing, pharmacy and delivery

La Clinica Wellness Center

730 Biddle Road

Medford, 97504

Phone: 541-535-6239

Website: [www.laclinicahealth.org](http://www.laclinicahealth.org)

Notes:

Open Monday through Friday from 8am to 6pm.

This site has online care and is a COVID 19 testing center.

La Clinica West Medford Health Center

1307 West Main Street

Medford, 97501

Phone: 541-535-6239

Website: [www.laclinicahealth.org](http://www.laclinicahealth.org)

Notes:

Open Monday through Friday from 8am to 6:30pm.

La Clinica Women's Health Center

221 West Stewart Avenue #101

Medford, 97501

Phone: 541-535-6239

Website: [www.laclinicahealth.org](http://www.laclinicahealth.org)

Notes:

Open Monday through Thursday from 8am to 6:30pm.

Rogue Community Health Center (Ashland)

99 Central Avenue  
Ashland, 97520  
Phone: 541-482-9741  
Website: [www.roguecommunityhealth.org](http://www.roguecommunityhealth.org)

Notes:

Open Monday through Friday from 8am to 6pm.  
This site has online care.  
Appointments are recommended.  
Se habla espanol

Rogue Community Health Center (Medford)  
19 Myrtle Street  
Medford, 97504  
Phone: 541-773-3863  
Website: [www.roguecommunityhealth.org](http://www.roguecommunityhealth.org)

Notes:

Open Monday through Friday from 8am to 6pm.  
This site has online care.  
It is currently accepting new patients and appointments are required.  
Se habla espanol

Rogue Community Health Center (White City)  
8385 Division Road  
White City, 97503  
Phone: 541- 773-3863  
Website: [www.roguecommunityhealth.org](http://www.roguecommunityhealth.org)

Notes:

Open Monday through Friday from 8am to 6pm.  
This site has online care.  
It is currently accepting new patients and appointments are recommended.  
Se habla espanol

## PAYEE INFORMATION

Project Helping Hands  
33 North Central Avenue, #420  
Medford, 97501  
(located in Woolworth Building)  
Phone: 541-816-4412

Notes:

Open Monday through Friday from 9am to 5pm.

## RENTAL, TAX PREP and UTILITIES ASSISTANCE

### ACCESS

3630 Aviation Way

Medford, 97504

Phone: 541-779-6691

Email: [info@accesshelps.org](mailto:info@accesshelps.org)

Executive Director: Carrie Borgen

Carrie's email: [cborgen@accesshelps.org](mailto:cborgen@accesshelps.org)

Notes:

Open Monday through Thursday from 8am to 5pm

Friday from 8am to 4:30pm

Closed weekends

Helps provide food, warmth and shelter for residents of Jackson county.

Fire impacted households

Phone: 541-414-0318

Email: [ccr@accesshelps.org](mailto:ccr@accesshelps.org)

### CASH OREGON

1010 SE Stark Street

Portland, 97214

Phone: 503-243-7765

Website: [www.cashoregon.org](http://www.cashoregon.org)

Notes:

Open Monday from noon to 7pm.

Open Tuesday, Thursday, Friday, Saturday and Sunday from 9am to 4pm.

Closed Wednesday.

Tax preparation service in Portland, OR that offers free, quality tax preparation to families earning \$60,000 or less.

Appointment is required.

Community Service Volunteers

1155 East Main Street

Ashland, OR

Phone: 541-488-2211

notes:

Helps with utilities assistance?

Elderly Rental Assistance (ERA)

Through ACCESS

3630 Aviation Way

Medford, 97504

Phone: 541-779-6691

Email: [info@accesshelps.org](mailto:info@accesshelps.org)

Executive Director: Carrie Borgen

Carrie's email: [cborgen@accesshelps.org](mailto:cborgen@accesshelps.org)

Notes:

Open Monday through Thursday from 8am to 5pm

Friday from 8am to 4:30pm

Closed weekends

Medford Gospel Mission

125 west Jackson street

Medford, 97501

Phone: 541-779-1597

Website: [www.medfordgospelmission.org](http://www.medfordgospelmission.org)

Notes:

Open Monday through Friday from 9am-4pm.

Monday through Friday walk in dinner, restaurant style until 6:30pm.

Have a two year housing program.

## TRANSPORTATION

AAA Echo Cab

2688 Crater Lake Avenue, #9

Medford, 97504

Phone: 541-621-2100

A Veterans Cab Company

601 Plum Street

Medford, 97501

Phone: 541-770-1111

Net-Care Inc.

874 Lawnsdale Road

Medford, 97504

Phone: 541-857-9222

Ready Ride  
1235 NE 6th Street  
Grants Pass, 97526  
Phone: 800-479-7920

Rogue Valley Medical Transport (RVMT)  
Phone: 541-841-0890  
Website: [www.myrvmt.com](http://www.myrvmt.com)

RVTD Valley Lift  
239 East Barnett Road, #7927  
Medford, 97501  
Phone: 541-842-2050  
(RVTD Paratransit Coordinator) phone: 541-842-2080 option #1  
Website: [www.rvtd.org](http://www.rvtd.org)

Notes:

Valley Lift is a shared-ride, origin to destination, wheelchair -accessible transportation service for persons whose disability prevents them from using an RVTD lift-equipped, fixed route bus. The cost is \$4 per ride.

Rogue Valley Transportation Department (RVTD)  
General information (Front Street Station)  
200 South Front Street  
Medford, 97501  
Phone: 541-779-2877  
(call Monday through Friday from 6am to 6pm)  
Administration  
3200 Crater Lake Avenue  
Medford, 97504  
Phone: 541-779-5821  
(call Monday through Friday from 8am to 5pm)  
Website: [www.rvtd.org](http://www.rvtd.org)

Translink  
239 East Barnett Road  
Medford, 97501  
Phone: 541-842-2060  
Phone: 888-518-8162  
Notes:  
Open Monday through Friday from 8am to 5pm.

# VETERANS SERVICES

## ACCESS

3630 Aviation Way

Medford, 97504

Phone: 541-779-6691

Email: [info@accesshelps.org](mailto:info@accesshelps.org)

Executive Director: Carrie Borgen

Carrie's email: [cborgen@accesshelps.org](mailto:cborgen@accesshelps.org)

### Notes:

Open Monday through Thursday from 8am to 5pm

Friday from 8am to 4:30pm

Closed weekends

## ColumbiaCare Services - Veterans Resource Center

601 North Grape Street

Medford, 97501

Phone: 541-779-8564

## Department of Veterans Affairs

Medical center

8495 Crater Lake Highway

White City, 97503

Phone: 541-826-2111

Mental health number: 541-826-2111

## Disabled American Veterans

Jackson County Chapter #8

Mailing address:

PO Box 1262

Medford, 97501

Phone: 530-925-9677

Meeting location:

312 Oak Street, suite 102

Central Point, 97502

Phone: 530-925-9677

### Notes:

Meetings are held on the third Tuesday of each month at 11:30am.

## Easterseals Oregon Veterans Employment Services

1040 Crater Lake Avenue, Suite A

Medford, 97504

Phone: 541-414-3680

Website: [www.easterseals.com](http://www.easterseals.com)

Notes:

Open Monday through Friday from 8am to 5pm.

Closed for lunch from noon to 1pm.

National Call Center for Homeless Veterans

Phone: 877-424-3838

Veterans Benefits

Phone: 800-827-1000

Veterans Crisis Line

Phone: 988, then press 1

Veterans Health Care

Phone: 877-222-8387 (VETS)

Veterans Services Office, Jackson County

140 South Holly Street

Medford, 97501

Phone: 541-774-8214

Notes:

Open Monday through Friday from 8am to 5pm.

Closed for lunch from noon to 1pm.

## MISCELLANEOUS

Oregon Trail EBT Card

Customer Service phone number: 888-997-4447

Card is lost or stolen during business hours (8:30am to 4:30pm, Monday through Friday)

Phone: 855-328-6715

Card is lost or stolen on weekend or outside of normal business hours:

Phone: 888-997-4447 (to cancel card and protect your benefits)

Then during business hours call: 855-328-6715 (to order a REPLACEMENT card)

You will get a replacement card by mail, usually within five business days.

Card is damaged: take to nearest ODHS Self-sufficiency, Aging and People with Disabilities (APD) or Area Agency on Aging (AAA) for help. Take your damaged card with you so the office can give you a new one!





